

Join the 2020-2021

# TA WELL-BEING PROGRAM

## Connect with a network of TAs and learn about well-being for yourself and your students

- Receive weekly emails that provide well-being tips and resources for you and your students
- Learn tools for creating conditions for well-being within labs and classrooms
- Be invited to a virtual community to stay connected and share your experiences with one another

**UC DAVIS**  
STUDENT HEALTH AND  
COUNSELING SERVICES

**UC DAVIS**  
Center for Educational Effectiveness  
Office of Undergraduate Education

Join:  
[bit.ly/TAWB2020](https://bit.ly/TAWB2020)

